**PMAQ (Phrases, Mottoes, Abbreviations, Quotations) Study Guide**

**Abbreviations:**

1. ab urbe condita/ anno urbis conditae – A.U.C – from the founding of the city  
2. anno domini -- A.D. -- in the year of our Lord  
3. ad libitum -- ad lib. -- at pleasure  
4. ante meridiem -- A.M. -- before noon  
5. confer -- cf. -- compare  
6. exempli gratia -- e.g. -- for example  
7. et alia -- et al. -- and others  
8. et cetera -- etc. -- and so forth, and the rest  
9. ibidem -- ibid. -- in the same place  
10. idem – id. -- the same (author)  
11. id est -- i.e. --that is (an explanation)  
12. Medicinae Doctor -- M.D. -- medical doctor, doctor of medicine  
13. meridie – m. -- at midday, noon  
14. nota bene -- N.B. -- note well (pay attention to this)  
15. opere citato – op. cit. -- in the work cited/mentioned  
16. per centum -- per cent -- by the hundred  
17. post meridiem -- P.M. -- afternoon  
18. pro tempore -- pro tem. -- for the time being  
19. post scriptum -- P.S. -- written afterwards  
20. Quod erat demonstrandum – Q.E. D. – that which must be demonstrated  
21. quod vide -- q.v. -- which see  
22. recipe -- Rx -- take as prescribed (medical term)  
23. videlicet -- viz. -- namely  
24. versus -- vs. -- against

**Mottoes and Quotations:**

1. ars artis gratia -- art for the sake of art -- Metro- Goldwyn - Mayer logo  
2. cave canem -- beware of the dog -- found on a mosaic in Pompeii  
3. e pluribus unum --from many, one (one out of many) -- U.S. -- found on all coins  
4. Annuit Coeptis -- he (God) looks with favor on our undertakings --found on $1 bill  
5. Novus Ordo Seclorum -- A new order of the ages -- found on $1 bill  
6. semper fidelis -- always faithful --U.S. Marine Corps  
7. semper paratus -- always prepared -- U.S. Coast Guard  
8. veni, vidi, vici -- I came, I saw, I conquered -- Julius Caesar  
9. errare humanum est -- to err is human -- Seneca  
10. carpe diem -- seize the day -- Horace
11. ars longa, vita brevis -- art is long, life is short -- Horace
12. et tu, Brute! -- even you, Brutus -- Julius Caesar
13. festina lente -- make haste slowly -- Augustus
14. in hoc signo vinces -- by this sign you will conquer -- Constantine saw this in the sky before the battle of the Milvian Bridge
15. mens sana in corpore sano -- a sound mind in a sound body -- Juvenal
16. A mari usque ad mare -- from sea to sea -- National motto of Canada
17. citius, altius, fortius -- swifter, higher, stronger -- motto of modern Olympics
18. alea iacta est -- the die is cast -- Caesar, as he was about to cross the Rubicon
19. veni, vidi, vici -- I came, I saw, I conquered -- Caesar
20. Audentis Fortuna iuvat. Fortune favors the brave. Virgil
21. Rident stolidi verba Latina. ~ Fools laugh at the Latin language.----Ovid
22. Nec verbum verbo curabis reddere fidus interpres. ~ As a true translator you will take care not to translate word for word.----Horace
23. Difficile est tenere quae acceperis nisi exerceas. ~ It is difficult to retain what you may have learned unless you should practice it.----Pliny the Younger

Medical Terminology/Abbreviations:

1. recipe -- Rx -- take
2. ante cibos -- a.c. -- before meals
3. post cibos -- p.c. -- after meals
4. cum -- c -- with
5. sine -- s -- without
6. pro re nata -- prn -- as needed
7. guttae -- gtt. -- drops
8. bis in die -- b.i.d. -- twice a day
9. ter in die -- t.i.d. -- three times a day
10. quater in die -- q.i.d -- four times a day
11. per os -- p.o. -- by mouth
12. statim -- stat. -- immediately
13. aqua -- aq. -- water
14. quantum sufficiat -- q.s. -- as much as needed
15. signa -- sig. -- write
16. non repetatur -- non rep. -- do not repeat
17. hora somni -- h.s. -- at bedtime
18. oculus dexter -- o.d. -- right eye
19. oculus sinister -- o.s. -- left eye

Phrases:

1. ab ovo usque ad mala -- from the egg to the apple (like “from soup to nuts”)
2. ad hoc -- for this purpose
3. ad infinitum -- without end
4. ad nauseam -- to the point of disgust
5. alma mater -- nourishing mother -- for any school/college
6. ante bellum -- before the war
7. bona fide -- in good faith
8. caveat emptor -- let the buyer beware
9. de gustibus non est disputandum: there is no accounting for tastes; everyone to his own taste
10. corpus delicti -- the body of the crime
11. cum grano salis -- with a grain of salt
12. de facto -- in fact; actually
13. de jure -- by right; legally
14. de mortuis nil nisi bonum -- speak only good of the dead
15. divide et impera: divide and rule
16. ex libris -- from the books of
17. errare humanum est: to err is human
18. et tu, Brute!: even you, Brutus!
19. exit; exeunt: he goes out; they go out
20. ex officio -- by virtue of office
21. ex post facto -- enacted after the fact; retroactive
22. ex tempore -- on the spur of the moment
23. festina lente: make haste slowly
24. habeas corpus: a writ to bring a detained person before a judge (lit. you must have the body)
25. in absentia -- in absence
26. in loco parentis -- in the place of a parent
27. in medias res -- in the middle of things
28. in memoriam -- in memory of
29. in re -- in the matter of; concerning
30. in toto -- entirely
31. ipso facto -- by the very fact itself
32. lapsus linguae -- a slip of the tongue
33. modus operandi: a method of working
34. modus vivendi: a method of living
35. multum in parvo: much in little
36. ne plus ultra: nothing more beyond; perfection
37. non compos mentis: not of sound mind
38. non sequitur: it does not follow; an illogical inference
39. pater patriae -- father of his country
40. pax vobiscum -- peace be with you
41. per annum -- by the year
42. per capita -- by heads
43. per diem -- by the day
44. per se -- by itself; essentially
45. persona non grata -- an unwelcome person
46. post mortem -- after death
47. prima facie -- on first sight or appearance
48. post proelium, praemium: after the battle, the reward
49. pro and con(tr)a -- for and against
50. pro bono public -- for the public welfare
51. pro tempore -- for the time being
52. quid pro quo -- something for something
53. sic transit gloria mundi -- thus passes the glory of the world
54. sine die -- indefinitely; without setting a day
55. sine qua non -- indispensable; a necessity
56. status quo -- the existing state of affairs
57. stet: let it stand (printing term)
58. te Deum laudamus: we praise you, O Lord
59. tempus fugit -- time flies
60. terra firma -- solid ground
61. vade mecum -- a constant companion (go with me)
62. verbatim -- word for word
63. via -- by way of
64. vice versa: the other way around
65. vigilantia pretium libertatis: vigilance is the price of liberty
66. viva voce: by spoken word; orally
67. vox populi, vox Dei: the voice of the people is the voice of God

State Mottoes:

1. District of Columbia -- Iustitia omnibus -- Justice for all
2. Kansas -- Ad astra per aspera -- to the stars through difficulties
3. Wyoming -- Cedant arma togae -- Let arms yield to the toga (peace)
4. Idaho -- Esto perpetua -- May it last forever
5. West Virginia -- Montani semper liberi -- Mountaineers are always free
6. New York -- Excelsior -- Ever upward/higher
7. North Carolina -- Esse quam videri -- to be rather than to seem
8. Oklahoma -- Labor omnia vincit -- Work conquers all
9. Arkansas -- Regnat populus -- the people rule
10. Arizona -- Ditat Deus -- God enriches
11. Michigan -- Si quaeris paeninsulam amoenam circumspice -- If you seek a pleasant peninsula, look around you
12. Mississippi -- Virtute et armis -- by valor and arms
13. South Carolina -- Dum spiro, spero -- While there's life, there's hope (While I breathe, I hope)
14. South Carolina -- Animis opibusque parati -- Prepared in mind and resources
15. Maryland -- Scuto bonae voluntatis Tuae coronasti nos -- with the shield of Thy goodwill Thou has covered us
16. Massachusetts -- Ense petit placidam sub libertate quietem -- with the sword she seeks calm peace under liberty
17. Maine -- Dirigo -- I point the way
18. New Mexico -- Crescit eundo -- it grows as it goes
19. Colorado -- Nil sine numine -- nothing without divine guidance
20. Connecticut -- Qui transulit sustinet -- He who transplanted, sustains
21. Virginia -- Sic semper tyrannis -- thus ever to tyrants
22. Alabama -- Audemus iura nostra defendere -- we dare defend our rights
23. Missouri -- Salus populi suprema lex esto -- the welfare of the people shall be the supreme law
24. Oregon -- Alis volat propriis -- He flies by his own wings

COLLEGE MOTTOS

1. Artes, scientia, veritas: Arts, knowledge, truth
   University of Michigan

2. Civium in moribus rei publicae salus: The welfare of the states lies in the character of its citizens.
   University of Florida

3. Crescat scientia, vita excolatur: Let knowledge grow, let life be enriched
   University of Chicago

4. Disciplina praesidium civitatis: Training, the defense of the state
   University of Texas

5. Ecce quam bonum: Behold how good
   University of the South (Sewanee)

6. In Deo speramus: In God we trust
   Brown University

7. In lumine tuo videbimus lumen: In your light, we shall see the light
   Columbia University

8. Litteris dedicata et omnibus artibus: Dedicated to letters and all the arts
   University of Nebraska

9. Lux et lex: Light and law
   University of North Dakota

10. Lux et veritas: Light and truth
    Yale University

11. Lux hominum vita: Light, the life of men
    University of New Mexico

12. Lux sit: Let there be light
    University of Washington

13. Mens agitat molem: Mind moves the mass
    University of Oregon
14. Mihi cura futuri: My care is for the future
   Hunter College

15. Nil sine magno labore: Nothing without great labor
   Brooklyn College

16. Non sibi, sed suis: Not for herself, but for her own
   Tulane University

17. Perstare et praestare: To persevere and surpass
   New York University

18. Pro ecclesia et patria: For church and country
   Trinity College

19. Respice, adspice, prospice: Look to the past, look to the present, look to the future
   City College of New York

20. Salus populi: The welfare of the people
   University of Missouri

21. Sapientia et doctrina: Wisdom and knowledge
   Fordham University

22. Scientia sol mentis: Knowledge, the sun of the mind
   Delaware College

23. Studiis et rebus honestis: To honorable pursuits and deeds
   University of Vermont

24. Terras irradient: Let them illuminate the earth
   Amherst College

25. Veritas: Truth
   Harvard University

26. Veritas vos liberabit: The truth will set you free
   Johns Hopkins University

27. Virtute et armis: By valor and arms
   University of Mississippi

28. Vox clamantis in deserto: The voice of one crying in the wilderness
   Dartmouth College